

o b s e r v a

observatório  
de ambiente  
e sociedade



e estudo

## BIBLIOGRAFIA SOBRE CONSUMO ALIMENTAR DAS CRIANÇAS

Mónica Truninger

## Bibliografia sobre Consumo Alimentar das Crianças

Recolhida no âmbito do projeto de investigação Entre a Escola e a Família: Conhecimentos e Práticas Alimentares das Crianças em Idade Escolar, financiado pela Fundação para a Ciência e a Tecnologia (PTDC/CS-SOC/111214/2009), em curso no Instituto de Ciências Sociais da Universidade de Lisboa (ICS-UL), em colaboração com o SOCIUS-ISEG e com o CRIA-ISCTE. [www.school-meals.pt.vu](http://www.school-meals.pt.vu)

Data de atualização: Outubro de 2013

Autor: Mónica Truninger

Alanen, L. (2011). Editorial: Critical Childhood Studies? *Childhood*, 18(2), 147–150. doi:10.1177/0907568211404511

Alanen, L., Mayall, B. (eds) (2001). *Conceptualizing Child-Adult Relations*. London: Routledge.

Amaral, O., Pereira, C., & Escoval, A. (2007). Prevalência de obesidade em adolescentes do distrito de Viseu. *Saúde dos adolescentes*, 25(1), 47–58.

Andreyeva, T., Kelly, I. R., & Harris, J. L. (2011). Exposure to food advertising on television: Associations with children's fast food and soft drink consumption and obesity. *Economics and Human Biology*, 9(3), 221–233. doi:10.1016/j.ehb.2011.02.004

Backett-Milburn, K., & Harden, J. (2004). How Children and Their Families Construct and Negotiate Risk, Safety and Danger. *Childhood*, 11(4), 429–447. doi:10.1177/0907568204047105

Backett-Milburn, K., Wills, W., Roberts, M.-L., & Lawton, J. (2010). Food and family practices: teenagers, eating and domestic life in differing socio-economic circumstances. *Children's Geographies*, 8(3), 303–314. doi:10.1080/14733285.2010.494882

Beardsworth, A., & Keil, T. (1997). *Sociology on the Menu: An invitation to the study of food and society*. London: Routledge.

Berry, H., & Mceachern, M. (2005). Informing ethical consumers. In Rob Harrison, T. Newholm & D. Shaw (Eds.) *The Ethical Consumer* (pp. 69–86). Sage.

Boynton-Jarrett, R., Thomas, T. N., Peterson, K. E., Wiecha, J., Sobol, A. M., & Gortmaker, S. L. (2003). Impact of television viewing patterns on fruit and vegetable consumption among adolescents. *Pediatrics*, 112(6), 1321–1326.

Bühler-Niederberger, D., & König, A. (2011). Childhood as a resource and laboratory for the self-project. *Childhood*, 18(2), 180–195. doi:10.1177/0907568210391490

- Burchell, G., Gordon, C., & Miller, P. (Eds.) (1991). *The Foucault Effect: Studies in Governmentality*. Chicago: The University of Chicago Press.
- Byrdbredbenner, C., & Grasso, D. (2000). What is Television Trying to Make Children Swallow?: Content Analysis of the Nutrition Information in Prime-time Advertisements. *Journal of Nutrition Education*, 32(4), 187–195. doi:10.1016/S0022-3182(00)70556-5
- Cheney, K. E. (2011). Children as ethnographers: Reflections on the importance of participatory research in assessing orphans' needs. *Childhood*, 18(2), 166–179. doi:10.1177/0907568210390054
- Christakis, N. a, & Fowler, J. H. (2007). The spread of obesity in a large social network over 32 years. *The New England Journal of Medicine*, 357(4), 370–9. doi:10.1056/NEJMsa066082
- Clark, H. R., Goyder, E., Bissell, P., Blank, L., & Peters, J. (2007). How do parents' child-feeding behaviours influence child weight? Implications for childhood obesity policy. *Journal of Public Health*, 29(2), 132–41. doi:10.1093/pubmed/fdm012
- Colls, R., & Evans, B. (2009). Introduction: Questioning Obesity Politics. *Antipode*, 41(5), 1011–1020. doi:10.1111/j.1467-8330.2009.00705.x
- Corte-Real, N., Balaguer, I., Dias, C., Corredeira, R., & Fonseca, A. (2008). Actividade física, prática desportiva, consumo de alimentos, de tabaco e de álcool dos adolescentes portugueses. *Saúde dos adolescentes*, 26(2), 17–25.
- Coveney, J. (2007). A qualitative study exploring socio-economic differences in parental lay knowledge of food and health: implications for public health nutrition. *Public Health Nutrition*, 8(3), 290–297. doi:10.1079/PHN2004682
- Covic, T., Roufeil, L., & Dziurawiec, S. (2007). Community beliefs about childhood obesity: its causes, consequences and potential solutions. *Journal of public health (Oxford, England)*, 29(2), 123–31. doi:10.1093/pubmed/fdm023
- Cuixart, M. C., Prim, C. C., Solà, T. G., & Caba, C. R. (2006). Estudio del comportamiento alimentario en escolares de 11 a 13 años de Barcelona. *Nutrición Hospitalaria*, 21(4), 517–532.
- Cullen, K. W., Watson, K. B., & Konarik, M. (2009). Differences in fruit and vegetable exposure and preferences among adolescents receiving free fruit and vegetable snacks at school. *Appetite*, 52(3), 740–744.
- Curtis, P., James, A., & Ellis, K. (2010). Children's snacking, children's food: food moralities and family life. *Children's Geographies*, 8(3), 291–302. doi:10.1080/14733285.2010.494870

- Daniel, P., & Gustafsson, U. (2010). School lunches: children's services or children's spaces? *Children's Geographies*, 8(3), 265–274. doi:10.1080/14733285.2010.494865
- Denman, S. (1999). Health promoting schools in England - a way forward in development. *Journal of public health medicine*, 21(2), 215–20.
- Dixon, H. G., Scully, M. L., Wakefield, M. A., White, V. M., & Crawford, D. A. (2007). The effects of television advertisements for junk food versus nutritious food on children's food attitudes and preferences. *Social science & medicine* (1982), 65(7), 1311–23. doi:10.1016/j.socscimed.2007.05.011
- Edwardsjones, G., Milaicanals, L., Hounsome, N., Truninger, M., Koerber, G., Hounsome, B., Cross, P., York, E. H., Hospido, A., Plassmann, K., Harris, I. M., Edwards, T., Day, G. A. S., Tomos, A. D., Cowell, S. J., & Jones, D. L. (2008). Testing the assertion that “local food is best”: the challenges of an evidence-based approach. *Trends in Food Science & Technology*, 19(5), 265–274. doi:10.1016/j.tifs.2008.01.008
- Eldridge, J., & Murcott, A. (2000). Adolescents' dietary habits and attitudes: unpacking the ‘problem’ of (parental) influence. *Health*, 4(1), 25–49.
- Evans, B., & Colls, R. (2009). Measuring Fatness, Governing Bodies: The Spatialities of the Body Mass Index (BMI) in Anti-Obesity Politics. *Antipode*, 41(5), 1051–1083. doi:10.1111/j.1467-8330.2009.00706.x
- Faria, H. A., & Carvalho, G. S. De (2004). Escolas promotoras de saúde: factores críticos para o sucesso da parceria escola-centro de saúde. *Promoção de Saúde*, 22(2), 79–90.
- Fisher, P. (2009). Changing Families, Changing Food. Working Paper. The University of Sheffield.
- Folta, S. C., Goldberg, J. P., Economos, C., Bell, R., & Meltzer, R. (n.d.). Food advertising targeted at school-age children: a content analysis. *Journal of Nutrition Education and Behavior*, 38(4), 244–8. doi:10.1016/j.jneb.2006.04.146
- Fonseca, H., & Gaspar de Matos, M. (2005). Perception of overweight and obesity among Portuguese adolescents: an overview of associated factors. *European Journal of Public Health*, 15(3), 323–8. doi:10.1093/eurpub/cki071
- Gillis, J. (1996). Making time for family: the invention of family time(s) and the reinvention of family history. *Journal of Family History*, 21(4), 4–21.
- Grieshaber, S. (1997). Mealtime rituals: power and resistance in the construction of mealtime rules. *British Journal of Sociology*, 48(4), 649–666.
- Gustafsson, U. (2004). The privatisation of risk in school meals policies. *Health, Risk & Society*, 6(1), 53–65. doi:10.1080/1369857042000193048

- Guthman, J. (2009). Teaching the Politics of Obesity: Insights into Neoliberal Embodiment and Contemporary Biopolitics. *Antipode*, 41(5), 1110–1133. doi:10.1111/j.1467-8330.2009.00707.x
- Guthman, J. (2011). *Weighing In: Obesity, Food Justice, and the Limits of Capitalism*. California: UC Press.
- Halford, J. C., Boyland, E. J., Hughes, G. M., Stacey, L., McKean, S., & Dovey, T. M. (2007). Beyond-brand effect of television food advertisements on food choice in children: the effects of weight status. *Public health nutrition*, 11(9), 897–904.
- Hansen, J., Holm, L., Frewer, L., Robinson, P., Sandøe, P. (2003). Beyond the knowledge deficit: recent research into lay and expert attitudes to food risks. *Appetite*, 41(2), 111–121. doi:10.1016/S0195-6663(03)00079-5
- Harris, J. L., Pomeranz, J. L., Lobstein, T., & Brownell, K. D. (2009). A crisis in the marketplace: how food marketing contributes to childhood obesity and what can be done. *Annual Review of Public Health*, 30, 211–25. doi:10.1146/annurev.publhealth.031308.100304
- Hartmann, B. (2010). The influence of and interaction between socialization agents in the child-consumers purchasing process, (May).
- Hayes-Conroy, A. (2010). Feeling Slow Food: Visceral fieldwork and empathetic research relations in the alternative food movement. *Geoforum*, 41(5), 734–742. doi:10.1016/j.geoforum.2010.04.005
- Henderson, J., Coveney, J., Ward, P., & Taylor, A. (2009). Governing childhood obesity: framing regulation of fast food advertising in the Australian print media. *Social Science & Medicine*, 69(9), 1402–8. doi:10.1016/j.socscimed.2009.08.025
- Herrick, C. (2007). Risky bodies: Public health, social marketing and the governance of obesity. *Geoforum*, 38(1), 90–102. doi:10.1016/j.geoforum.2006.06.003
- Hindin, T. J., Contento, I. R., & Gussow, J. D. (2004). A media literacy nutrition education curriculum for head start parents about the effects of television advertising on their children's food requests. *Journal of the American Dietetic Association*, 104(2), 192–8. doi:10.1016/j.jada.2003.11.006
- Hospido, A., Milà i Canals, L., McLaren, S., Truninger, M., Edwards-Jones, G., & Clift, R. (2009). The role of seasonality in lettuce consumption: a case study of environmental and social aspects. *The International Journal of Life Cycle Assessment*, 14(5), 381–391. doi:10.1007/s11367-009-0091-7
- Jaime, P. C., Figueiredo, I. C. R., Moura, E. C. De, & Malta, D. C. (2009). Factors associated with fruit and vegetable consumption in Brazil, 2006. *Revista de Saúde Pública*, 43(2), 57–64.
- James, A., Kjörholt A. T., & Tingstad, V. (Eds) (2009) *Children, Food and Family Life*. London: Palgrave.

- Santos, M. J. O., Nogueira, J. M. R., Mayan, O. (2007). Condições higio-sanitárias das cantinas escolares do distrito de Vila Real, 25, 51–58.
- Kickbusch, I. (2009). In search of the public health paradigm for the 21 st century : the political dimensions of public health. *Política de Saúde*, 11–20.
- King, L., & Hill, A. J. (2008). Magazine adverts for healthy and less healthy foods: effects on recall but not hunger or food choice by pre-adolescent children. *Appetite*, 51(1), 194–7. doi:10.1016/j.appet.2008.02.016
- Kopelman, C. A., Roberts, L. M., & Adab, P. (2007). Advertising of food to children: is brand logo recognition related to their food knowledge, eating behaviours and food preferences? *Journal of public health*, 29(4), 358–67. doi:10.1093/pubmed/fdm067
- Kraftl, P., & Horton, J. (2007). “The health event”: Everyday, affective politics of participation. *Geoforum*, 38(5), 1012–1027. doi:10.1016/j.geoforum.2007.01.013
- Kristensen, D. B., Boye, H., & Askegaard, S. (2011). Leaving the milky way! The formation of a consumer counter mythology. *Journal of Consumer Culture*, 11(2), 195–214. doi:10.1177/1469540511402449
- Lee, N. (2008). Awake, Asleep, Adult, Child: An A-humanist Account of Persons. *Body & Society*, 14(4), 57–74. doi:10.1177/1357034X08096895
- Loureiro, I. (2004). A importância da educação alimentar : o papel das escolas promotoras de saúde. *Educação Alimentar*, 22, 43–55.
- Lupton, D. (1994). Food, memory and meaning: the symbolic and social nature of food events. *The Sociological Review*, 42(4), 686–702.
- Lupton, D. (1996). *Food, the body and self*. London: Sage.
- Lytle, L. A., Eldrige, A. L., Kotz, K., Piper, J., Williams, S., & Kalina, B. (1997). Children’s Interpretation of Nutrition Messages. *Journal of Nutrition Education*, 29(3), 128–136. doi:10.1016/S0022-3182(97)70177-8
- Martens, L., Southerton, D., & Scott, S. (2004). Bringing Children (and Parents) into the Sociology of Consumption: Towards a Theoretical and Empirical Agenda. *Journal of Consumer Culture*, 4(2), 155–182. doi:10.1177/1469540504043680
- Martins, I., Silveira, D., & Guiomar, S. (2003). Alimentação e estado nutricional de grupos da população do concelho de Lisboa. *Estado nutricional*, 21, 65–72.
- Matthews, A. E. (2008). “Children and obesity: a pan-European project examining the role of food marketing”. *European journal of public health*, 18(1), 7–11. doi:10.1093/eurpub/ckm015
- Matthews, S. H. (2007). A Window on the ‘New’ Sociology of Childhood. *Sociology Compass*, 1(1), 322–334. doi:10.1111/j.1751-9020.2007.00001.x

- McIntosh, I., Emond, R., & Punch, S. (2010). Discussant piece: food and schools. *Children's Geographies*, 8(3), 289–290. doi:10.1080/14733285.2010.494868
- McPhail, D. (2009). What to do with the “Tubby Hubby”? “Obesity,” the Crisis of Masculinity, and the Nuclear Family in Early Cold War Canada. *Antipode*, 41(5), 1021–1050. doi:10.1111/j.1467-8330.2009.00708.x
- Mehta, K., Coveney, J., Ward, P., Magarey, A., Spurrier, N., & Udell, T. (2010). Australian children's views about food advertising on television. *Appetite*, 55(1), 49–55. doi:10.1016/j.appet.2010.03.011
- Metcalfe, A. (2009). Children's Lunchbox Practices. Working Paper Series. The University of Sheffield. doi:10.1057/9780230244795
- Metcalfe, A., Owen, J., Shipton, G., & Dryden, C. (2008). Inside and outside the school lunchbox: themes and reflections. *Children's Geographies*, 6(4), 403–412. doi:10.1080/14733280802338098
- Molnar, A., Garcia, D. R., Boninger, F., & Merrill, B. (2008). Marketing of foods of minimal nutritional value to children in schools. *Preventive medicine*, 47(5), 504–7. doi:10.1016/j.ypmed.2008.07.019
- Moreira, P., Santos, S., Padrão, P., Cordeiro, T., Bessa, M., Valente, H., Barros, R., Teixeira, V., Mitchell, V., Lopes, C., & Moreira, V. (2010). Food patterns according to sociodemographics, physical activity, sleeping and obesity in Portuguese children. *International Journal of Environmental Research and Public Health*, 7(3), 1121–38. doi:10.3390/ijerph7031121
- Murcott, A. (ed.) (1983). *The sociology of food and eating: essays on the sociological significance of food*. Aldershot: Gower.
- Nguyen, S., & Rosengren, K. (2004). Parental reports of children's biological knowledge and misconceptions. *International Journal of Behavioral Development*, 28(5), 411–420. doi:10.1080/01650250444000108
- Padez, C., Fernandes, T., Mourão, I., Moreira, P., & Rosado, V. (2004). Prevalence of overweight and obesity in 7-9-year-old Portuguese children: trends in body mass index from 1970-2002. *American journal of human biology: the official journal of the Human Biology Council*, 16(6), 670–8. doi:10.1002/ajhb.20080
- Padez, Cristina. (2002). Actividade física , obesidade e saúde : uma perspectiva evolutiva. *Estilos de vida*, 20(1), 11–20.
- Pearson, N., Timperio, A., Salmon, J., Crawford, D., & Biddle, S. J. (2009). Family influences on children's physical activity and fruit and vegetable consumption. *The international journal of behavioral nutrition and physical activity*, 6(1), 34. Retrieved from <http://www.ijbnpa.org/content/6/1/34>

- Pike, J. (2010). "I don't have to listen to you! You're just a dinner lady!": power and resistance at lunchtimes in primary schools. *Children's Geographies*, 8(3), 275–287. doi:10.1080/14733285.2010.494867
- Pike, J. (2008). Foucault, space and primary school dining rooms. *Children's Geographies*, 6(4), 413–422.
- Pontes, T. E., Costa, T. F., Marum, A. B. R. F., Brasil, A. L. D., & Taddei, J. A. D. a. C. (2009). Orientação nutricional de crianças e adolescentes e os novos padrões de consumo: propagandas, embalagens e rótulos. *Revista Paulista de Pediatria*, 27(1), 99–105. doi:10.1590/S0103-05822009000100015
- Prell, H., Palmblad, E., Lissner, L., & Berg, C. M. (2011). Health discourse in Swedish television food advertising during children's peak viewing times. *Appetite*, 56(3), 607–616. doi:10.1016/j.appet.2011.01.033
- Probyn, E. (2000). *Carnal Appetites: FoodSexIdentities*. London: Routledge.
- Punch, S., McIntosh, I., & Emond, R. (2010). Children's food practices in families and institutions. *Children's Geographies*, 8(3), 227–232. doi:10.1080/14733285.2010.494861
- Rawlins, E. (2009). Choosing Health? Exploring Children's Eating Practices at Home and at School. *Antipode*, 41(5), 1084–1109. doi:10.1111/j.1467-8330.2009.00709.x
- Reay, D. (2005). Beyond consciousness? The psychic landscape of social class. *Sociology*, 39 (5), 911–928.
- Rioch, C. (2010). Discussant piece: how parenting education and family learning can be set within a tiered intervention framework to aid the development of healthy eating practices. *Children's Geographies*, 8(3), 315–317. doi:10.1080/14733285.2010.494888
- Sena, C., Ferrinho, P., & Miguel, J. P. (2006). Planos e programas de saúde em Portugal : questões metodológicas e macroanálise dos programas nacionais. *Planos e programas de saúde*, 24(1), 5–20.
- Silva, V. (2002). Jovens de um rural brasileiro: socialização, educação e assistência. *Cadernos CEDES*, 22(57), 97–115. doi:10.1590/S0101-32622002000200007
- Spyrou, S. (2011). The limits of children's voices: From authenticity to critical, reflexive representation. *Childhood*, 18(2), 151–165. doi:10.1177/0907568210387834
- Strasburger, V. C. (2004). Children, adolescents, and the media. *Current problems in pediatric and adolescent health care*, 34(2), 54–113. doi:10.1016/j.cppeds.2003.08.001
- Tomanovic, S. (2004). Family habitus as the cultural context for childhood. *Childhood*, 11, 339–360.



- Truninger, M. (2008). The organic food market in Portugal: contested meanings, competing conventions. *International Journal of Agricultural Resources, Governance and Ecology*, 7(1/2), 110–125.
- Valentine, G. (1997). Children's outdoor play: Exploring parental concerns about children's safety and the changing nature of childhood. *Geoforum*, 28(2), 219–235. doi:10.1016/S0016-7185(97)00010-9
- Valentine, G. (1999). Eating in: home, consumption and identity. *The Sociological Review*, 47(3), 491–524.
- Warde, a. (2005). Consumption and Theories of Practice. *Journal of Consumer Culture*, 5(2), 131–153. doi:10.1177/1469540505053090
- Warde, A. (1994). Consumption, Identity-Formation and Uncertainty. *Sociology*, 28(4), 877–898. doi:10.1177/0038038594028004005
- Warin, M. (2010). Foucault's progeny: Jamie Oliver and the art of governing obesity. *Social Theory & Health*, 9(1), 24–40. doi:10.1057/sth.2010.2
- Williams, S. (1995). Theorising class, health and lifestyles: can Bourdieu help us? *Sociology of Health and Illness*, 17 (5), 577–604.
- Worth, N. (2009). Understanding youth transition as "Becoming": Identity, time and futurity. *Geoforum*, 40(6), 1050–1060. doi:10.1016/j.geoforum.2009.07.007
- Yngve, A., De Bourdeaudhuij, I., Wolf, A., Grjibovski, A., Brug, J., Due, P., ... Perez Rodrigo, C. (2008a). Differences in prevalence of overweight and stunting in 11-year olds across Europe: The Pro Children Study. *European Journal of Public Health*, 18(2), 126–30. doi:10.1093/eurpub/ckm099
- Yngve, A., De Bourdeaudhuij, I., Wolf, A., Grjibovski, A., Brug, J., Due, P., ... Perez Rodrigo, C. (2008b). Differences in prevalence of overweight and stunting in 11-year olds across Europe: The Pro Children Study. *European Journal of Public Health*, 18(2), 126–30. doi:10.1093/eurpub/ckm099
- Zwier, S. (2009). Medicalisation of food advertising. Nutrition and health claims in magazine food advertisements 1990-2008. *Appetite*, 53(1), 109–13. doi:10.1016/j.appet.2009.05.017